HARM REDUCTION BOOTY BUMPS:

- This option is about mixing Tina or Mephedrone with water, put in a syringe without the needle, and then injected inside the anus to be squirted into it, or put up there using a finger or a sex toy.
- It absorbs quickly and like a suppository, it works very well. The effects can be felt faster and stronger than when chems are swallowed or snorted.
- When booty bumping, there is a risk of irritation, bleeding and/or inflammation inside the arse, which makes infections more likeable.
- Make sure that when you are going to use a barrel, your chems are dissolved completely. It's very advisable to use sterile water, and in case that you don't have any, use freshly boiled water. To avoid impurities, the best idea is to use a filter when you are filling up the barrel.
- It is very important to clean everything completely and carefully, including your hands, just after booty bumping. There are some bacterial infections that can be spread specifically from the arse, such as shigella and giardia.
- Sharing a needleless syringe once it's been inside someone else's arse has a risk of
 passing STIs like HEP C between men, particularly if the lining of their arse has been
 damaged by arse play or drugs. Also, sharing the drugs dissolved in the same water
 that has been used by someone else is very risky. If this is your route of
 administration, use your own barrel and your own cup with your mix of water and
 chems, don't fill your barrel from the same recipient where someone else took his
 dose from.
- Regular booty bumping can cause haemorrhoids, rectal pain and bleeding, so if bottoming, be aware that you might be more prone to acquiring or transmitting an infection. You might also be numb from the drugs, and so unaware of additional trauma you are causing to the area, or more painful, if there is already trauma to the area.